AUG 1 0 1995

# Sacramento Gender Association

Volume 1 Issue 18 August 1995

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## Presidents Corner
by Ava

Hi Girls,

Well here we are in the heat of the hot valley summer and we still are having good turnouts for the meetings. Even the off meeting Saturdays have found a lot of the girls at Joseph's. Saturday the 29th of July there were about fifteen of the girls there, including a visitor from Portland who just been visiting Sacramento and called asking if there was anywhere to go in Sacramento. I mentioned Joseph's and said I'd be there about eight or so. By the time she got there a lot of the girls were already there and I think she enjoyed her visit. I have to hand it to the members of the SGA. Most members go out of their way to introduce themselves to new people that show up at places we are at and have a friendliness about them to make the new person feel welcome. Years ago this wasn't always the case. This really shows how far we've come in making this a real social group instead of just a club for the transgendered. I have yet to have anyone in recent years tell me they felt out of place or unwelcome around the group. Older members will remember when this wasn't always true. THANK YOU GIRLS, for making this an association that I'm very proud of.

## Sacramento Rainbow Festival

### AUGUST 30 - SEPTEMBER 3

*The Sacramento Rainbow Festival is an annual three-day fundraising event held in the heart of Midtown Sacramento's Gay and Lesbian Community. The event includes Headline Entertainment, Raffles, Art Shows, and the Street Fair itself at the intersection of 20th and K Streets. At the core of the Rainbow Festival is a twofold purpose: to raise money for charities that have a sugnificant importance to the Lesbian and Gay Community, and in doing so raise public awareness of those charities.*

### STREET FAIRE
### SUNDAY
### SEPTEMBER 3, 1995
### 10AM - 6PM

**VISIT YOUR SGA BOOTH AT THE STREET FAIRE**

VOLUNTEERS NEED TO HELP STAFF THE SGA BOOTH ON SEPTEMBER 3
CONTACT AVA FOR SHIFT TIMES AVAILABLE

## Shelby's Musings

**Who Should You Tell**

A question that I'm sure has troubled all of us at one time or another is who, if anyone, that we should tell of our cross-dressing activities. Part of us wants to be out there and tell the entire world. another part may tell us that what we are doing is something that we should be ashamed of and that we must hide from the world. So what should you do ?

Clearly the situations of all of us are different. Some of us have sensitive employment issues, others family to be concerned with. I'm going to tell you a little about my approach to this dilemma. I would not expect that my handling of the situation will necessar

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**DINNER & SOCIAL CALENDAR ON BACK PAGE**

**Sacramento Gender Association**
Blue Rose Chapter
PO Box 215456
Sacramento, California 95821-1456
Phone (916) 482-7742

The Sacramento Gender Association (SGA) is a non-sexual, membership-based organization serving the educational, recreational, and fun needs of the gender challenged community , their spouses, significant others, family members and professionals. Membership is open to all interested persons regardless of gender or sexual orientation.

## BOARD MEMBERS

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**Please submit all articles 8.5 x 11 paper, typewritten with 10-14 point type, or WORD 2.0, WordPerfect, or ASCII Text on 3.5/5.25 disk**

# CROSS SECTION

by Lisa

One of the best SGA turnouts of the year happened on July 22nd, which was also the night of the entertainment at Joseph's. Lip-syncing virtuosity was performed by a bevy of great and hot-looking performers including our own SGA standout Stella, who actually used her own voice! Rounding out the talent for the night was our one and only Linda Lee Darling, who performed a delightful comedy routine of "Just a Guy in a Dress". Thanks to all the performers for their gracious donation of the time and effort to set this up. Everyone was absolutely marvelous!

One minor gripe I do have is that there was this MAN who apparently volunteered (or begged) to participate at the last minute. Call me a spoilsport, but this was a GUY in a cowBOY outfit doing some lip-syncing to a MALE song; I guess this sounds a little nit-pickey, but the night was for FEMALE impersonation. I mean, the guy didn't even really sing, so what was the point?

As I mentioned, we had a great turnout. I saw a few faces that I haven't seen for months. We also had some new faces, and some from as far as the Bay Area. And of course, we had our regular group. Anyway, it was a lot of fun; I hope we can get even more of our members to come for the next meeting!

Ever scratch an itch that's on the back of your hand using your chin stubble? Maybe not you, but there are some of us who can confess to doing such a manly act. Ah yes, that wonderful sandpapery texture of a beard! And not only can you use it to scratch here and there, but you can also give your wife a free dermabrasion procedure every morning when you kiss her. Could you imagine living without this amaz

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# PASSING ISSUES

I learned at one of my group meetings that I attend down here in Orange County of the form that is needed by the DMV to change name and gender on one's license. So, when I finally made my first appointment with an M.D. for that first examination, I decided to save time and go armed with what I needed. I went first to the DMV and asked for the proper form for changing name and gender. This can be an embarrassing thing to ask a stranger ,across the counter at the office, so take this number down, it will save you trouble. The form you need is form number **DL 328**. At the top of the page, it says **Confidential Medical Information Authorization (Name and Gender Change)**. Now, at first, you don't need to fill anything out on the form, just get it. The person to give it to is the medical doctor that you see or will see. It has to be a medical doctor, and not your therapist. The form has a section on it for them to fill out that states that your gender identification and demeanor is female, and if it is complete or transitional.

So, with the form in hand, I went to my appointment. The doctor did a preliminary examination and during our talk, I pulled out the form and asked if she could fill it out. She was happy to oblige and told me that she would do so that night and I Could pick it up at her office the next day. You can imagine how excited I was when I left.

Now comes the catch to how simple and inexpensive the procedure is. By inexpensive, I mean the whole thing only cost me a whopping total of $12. That's it. And that $12 all gets paid to the DMV. They're the only ones who charge for the new card. The catch I mentioned? Well, the catch is that you do all your own legwork. I stood in line at the DMV for 45 minutes before I got to the counter. I also had to fill out the standard forms for a replacement license on this form, you just put down all the new information in the proper spaces. They took the forms, and my $12 and conferred with their supervisor for a few minutes. Probably because they don't get this very often and had to make sure of the procedures. After that, it was just waiting while they put it all into the Computer. Then, it spit out my temporary license and the only thing I had to do then was step over and get my picture taken. And that was that. The new license takes 2 to 6 weeks to show up. it was nearly a month before I got mine.

Anyhow, on to the next step. And here you get the benefit of my experience to smooth out the only rough spot that I ran into that day. And that is the Social Security office. Much the same overall procedure in that you fill out the form for a replacement card, putting down all the new info in the places were the old info would have gone. Here's the rough spot. When my turn came up the guy behind the counter wanted to see the gender change form filled out by the doctor. Well, girls, the DMV keeps that for their files. I informed the guy that Social Security doesn't have any such form. ('cause they don't) and tapped my finger on the temporary license in front of him, telling him that was what he needed to see. I didn't back down from him and he signed my SSN form off and told me it would take about 2 weeks for the new card to show up in the mail. Mine arrived about 5 days later. here's where you can save yourself having to go round the maypole with the person in your local office. just make a photo copy of the completed DL 328 and have that copy with you to show them. They don't necessarily get to keep it, because it's a DMV form. But, armed with that, it will make it easier. I see in retrospect that I should have one that originally, but didn't think that I needed it. Actually, I didn't need " it, but it would have made it easier.

After that, all you need to do is more legwork. You go and change your name and pertinent information wherever it's being used. You won't be able to change your bank account until the license shows up in the mail because they require a picture ID for that. Also, you won't be able to get a passport with the new name for five years. And, you can't change your birth certificate. That wori't be possible until after the SRS Surgery. The procedure is cheap, easy to do except for the running ,around and standing in lines. The only legal restriction is that you cannot take a new name that would be defrauding anyone.

*Condensed from an article by Andrea, Passing Issues, reprinted from Swan's Bauble a puplication of SIS, PO Box 1423, San Jose, CA 95109. 1-800-610-SWAN.*

*The form you need is form number **DL 328.** At the top of the page, it says **Confidential Medical Information Authorization (Name and Gender Change).***

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**Shelby's Musings**

ily be suited to you. However, like most things, I've found that you can take a little from everyone's experiences and combine it with your own to form a solution.

Right now, I am going to stay away from the issue of dealing with family members. This is a very personal matter and also one in which I still don't have a lot of experience. My mother does know, but she's not thrilled with it. I plan to tell my daughter the week after next and my brother will soon be getting the news also. Perhaps soon I will be able to at least relate some of my experiences in this area. It is definitely a little tougher than dealing with friends and acquaintances.

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**CROSS SECTION (Continued)**

ing gift?!! Well... Okay, so having a beard really is the pits. Let's face it, putting on make-up over stubble just doesn't help our quest for that baby-smooth, feminine look. And if the hairs are dark, then that means some heavy-duty coverage concerns. So what can one do?

Plucking will work, but be prepared to spend 25% of your life in front of a mirror. Waxing is faster, but this requires a level of skill for one to do properly, and the hairs have to be a certain minimum length for the wax to hold. Depilatories can cause inflammation and cannot remove hair down to the root level. And of course, none of these methods are permanent. So, am I about to suggest the dreaded "E" word?

Not really. The point I'm making here is that there is a hair removal method that has been recently developed. It's called ThermoLase and it uses a laser to destroy hair follicles. Does it work? Unfortunately, that's the $64,000 question.

For those of you who are contemplating permanent hair removal, the only game in town at this time is electrolysis. And those of you who have experienced this process know that it's painful, time-consuming, and VERY expensive. It is quite typical to hear of TG's going through two or more years of weekly sessions (at $40 to $80 a pop) to clear off that annoying growth. The concept of hair removal using a needle-like probe to send an electrical current into the root of a hair shaft was developed over a hundred years ago. It would seem that some breakthrough technology will someday appear, rendering this tried and true technique obsolete. It seems that day MAY have arrived.

ThermoLase uses a laser to kill hairs that have been pre-treated with a special "focusing" agent rubbed into the follicle pores. Since this technique had been FDA approved earlier this year, it shouldn't be too long before we see ads and news stories about it. There's even

*(Continued on page 7)*

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**"JOSEPH'S TOWN & COUNTRY"**
3514 MARCONI AVE (8)
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FRIDAY & SATURDAY 5:00 to 7:00

**"THE CORNERSTONE"**
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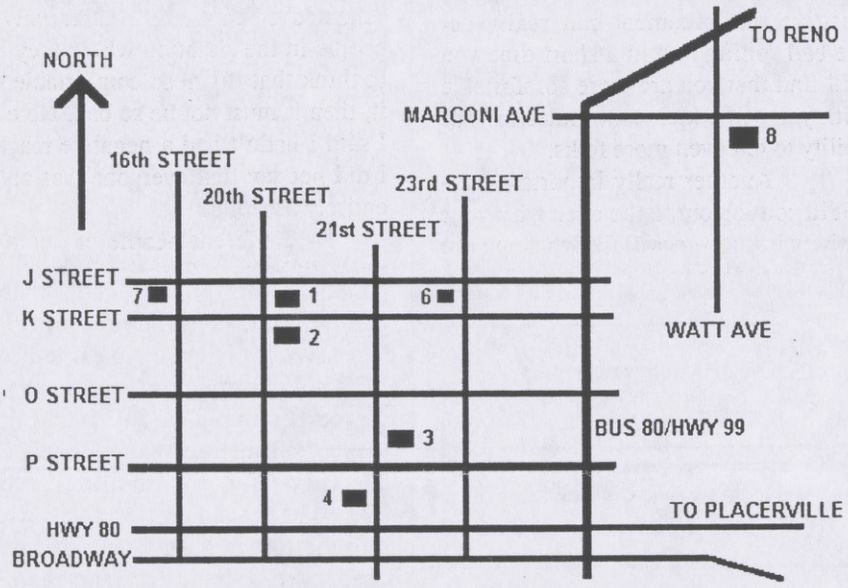


# GENDER RELATED GROUPS & ACTIVITIES

**Pacific Center for Human Growth**
A counseling oriented growth center, sponsors all-inclusive gender support groups on every Friday except the last Friday of the month at 8:00 PM. 2712 Telegraph Avenue, Berkeley. Call (510) 841-6224

**Rainbow Gender Association (RGA)**
Meets the 1st and 3rd Friday of the month 8:00 PM at the New Community of Faith Church, 6350 Rainbow Drive, San Jose. Write RGA, PO Box 700730, San Jose, CA 95170. Call (408)984-4044

**Diablo Valley Girls (DVG)**
Meets 1st Tuesday and 3rd Monday of every month 8:00 PM at Just Rewards Nightclub, 2520 Camino Diablo in Walnut Creek. Write DVG, PO Box 272885, Concord, CA 94527-2885. Call (510) 849-4112

**The Tenderloin Self-Help Centre**
(a project of the Central City Community Hospital House funded by the Community Mental Health Services) Meets every Wednesday, 4-6 PM, at 191 Golden Gate, San Francisco: Call (415) 554-0518

**F.T.M.**
A support group for Female-to-Male crossdressers and transsexuals, holds both open Informational Meetings and closed Support Meetings. Write: FTM, 5337 College Avenue #142, Oakland, CA 94618. Call: (510) 827-2646

**Educational TV Channel (ETVC)**
The largest organization of this type in Northern CA providing a wide variety of support including: rap groups, a SO support group, print & video libraries, outreach, educational, and lots of social activities. Write:ETVC, PO Box 426486, San Francisco, CA 94142-6486. Call: (510) 549-2665 or Voice-Mail (415) 334-3439.

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# Thank You

I would like to take this opportunity to give a big warm hearted thank you to all the wonderful ladies of SGA for allowing me to perform on your meeting night. And for your beautiful support, which without I would not have felt so comfortable, and the many nice words of encouragement to all the performers. And a special thank you to Wittnie for the great flyers and banners (even if she spelled my name wrong). To Linda Lee you are a beautiful person and a great performer. Keep up the good work you are doing to keep the so called "normal" world informed of our lifestyles. And to Stella, beautiful outfit and songs, see you at the next show.

And a special thank you to J.T.C. Thank you and your entire staff for the outstanding work and for letting me put on the show.

If there is anything I can do for any of you ladies or Joseph please don't hesitate to ask.

Shante' LaRay Michaels.

JOIN US EVERY
TUESDAY NIGHT
AT
*Joseph's*
FOR
"LADIES" NIGHT


*(Continued from page 3)*

**Shelby's Musings**

## Making It Easier

I told the first person outside of the community about my activity last April, 1994. Actually, at this time my only real community was on Prodigy, so this was my first face-to-face discussion. The person that I told had been a fellow employee for about five years. We had been on several long ski trips together along with the rest of the guys. He did have experience in a prior life working as a psychologist. He was extremely receptive to every thing I had to say and was more understanding than I could have ever hoped for. So, initially, I would say that it is important to tell someone whom you trust and feel would be able to make an effort to understand you. Once you have one success, it is much easier to tell someone else. The positive reinforcement can really get the ball rolling and in a short time you will find that you are more comfortable with yourself which contributes to your ability to tell even more folks.

Another really important benefit in coming out in the open with your activity is that you will find that you are much less tense once you are no longer hiding your *terrible* secret from everyone. Initially I told only those I worked with closely and felt comfortable with. Nowadays, I'll tell most anyone. There is actually a method to my madness. All along, I have planned to develop what I term a *critical mass* of people (generally close friends) who know. Having established a large body of supporters, it now doesn't matter if someone finds out by accident. There really isn't anyone that they can tell who matters that doesn't already know. If someone I hadn't told makes a big deal out of it, I have friends who could make them feel pretty silly for thinking that there was anything wrong with what I was doing.

## Have a Positive Attitude

I have told more people than I can even remember at this point. I have never had a negative reaction (except for mom, and that's probably another whole article). The one thing I can attribute this to is that I am always upbeat about it and never act as though I'm ashamed of anything. I essentially put people in the situation where they have to think that if I'm so comfortable with it, then it must not be so bad. Note that I said I hadn't had a negative reaction, I did not say that everyone was able to entirely accept it.

Different people are going to react differently. Some people will immediately be very supportive, others may take some time to come around, and still others may never completely accept it. However, if you can get some

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## NUCLEUS FOR HEALTH

Progesterone is one of two main hormones made by the ovaries and is also made in smaller amounts by the adrenal glands of both sexes. Its major functions include: aiding in the survival and development of the conceptus; a broad range of intrinsic properties; and its role as precursor of all other hormones.

The progesterone molecular framework is very similar to the cholesterol molecules which are the major components of our cell membranes and like cholesterol is fat soluble. The molecular structure of progesterone and testosterone are so similar that potent stereo-chemical and electromagnetic differences from cholesterol can result in their use of the same receptor cites. Thus the recent revelations that the number of males born into various species are decreasing due to environmental changes.

Progesterone protects against all the undesirable side effects of unopposed estrogen supplementation. Thus "hormone balance" is achieved by obtaining proper progesterone levels.

To sum up a few of the many beneficial actions of progesterone: protects against breast fibrocysts; is a natural diuretic; helps use fat for energy; is a naturally antidepressant; helps thyroid hormone action; normalizes blood clotting; restores libido; helps normalize blood sugar levels; normalizes zinc and copper levels; restores proper cell oxygen levels; protects against breast and endometrial cancers; and stimulates bone building

**NOTICE**

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Natural progesterones are often erroneously put in the same class as synthetic progestins, such as Provera. This leads to the misinformation that progesterone shares Provera's bad side effects, when, in fact, progesterone has no known bad side effects. Likewise the synthetic progestins are unlikely to have all the benefits listed above of natural progesterone.

Progesterone enhances receptor sensitivity of estrogen. Thus taking progesterone in the form of a transdermal cream, which has many additional benefits such as, low cost, ease of application, and an excellent skin moisturizer, is most beneficial especially for the MTF transsexual in being able to apply it directly to areas of most concern.

It is recommended that "women receiving estrogen supplements should reduce their dosage to one half when taking progesterone. If they do not, they are likely to experience symptoms of estrogen dominance in the first one or two months of progesterone use."

The most common source of progesterone is the Mexican wild yam. Pharmaceutical companies have been buying natural progesterone and then chemically altering its molecular form to produce the various progestins, which are patentable and more profitable. Progestins are more costly, not as safe, and not nearly as effective as natural progesterones, which is an exact chemical duplicate of the progesterone produced in the humane body.

I've been using a product called "Pro-Gest Body Cream". Its considered the best one of its kind on the market. A two once jar costs $31.95 and lasts up to three months. You can order this fine product by contacting its manufacturer: TRANSITIONS FOR HEALTH, 621 SW Alder Suite 900, Portland, Oregon, 97205-3627. or call 1-800-888-6814. I also recommend their "Deep Renewal" moisturizing fluids.

Tina Louise

**ADDITIONAL SOURCES FOR HERBS AND GLANDULAR HORMONE EXTRACTS**

BROTHERS PHARMACEUTICAL
7036 W Higgins Road
Chicago, Ill 60656

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BOX JCRS 338
Lakewood, Co 80214

SPARTICUS
PO Box 429
Orange, CA 92666
(714) 775-0238

**INFORMATION SOURCE**

TRANSFORMATION MAGAZINE
13331 Garden Grove Bldg, Ste G
Garden Grove, CA 92643
(714) 971-9877

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**Shelby's Musings**

**Reactions**

one to at least say that they don't completely understand and cannot really support you, but still not have them condemn what you do, then you have probably accomplished something. I'll admit that I have been quite lucky. There still may be someone out there who's really going to be unhappy about what I am doing with my life. All I can say is that is their problem and I will not let them make it be my problem.

So what can you expect ? Well, I have been totally amazed at some of the reactions I have gotten. The most recent person I've told at work has asked more questions than anyone. I've also found out that he's had other friends in the transgendered community. The other day, he finally told me that his wife's cousin had been a post-operative transsexual for over ten years. See, this whole phenomena is a lot more wide spread than you would ever believe.

DUE TO LENGTH OF ARTICLE
CONTINUED NEXT MONTH

# What! Me? A Sissy ???

Well, I guess it was just a matter of time for Linda Lee to convince me that being a "sissy" was fun. For the July 22nd meeting, Linda Lee brought down from Red Bluff, an extra "sissy" dress. One of those all satin, ribbons, lace and bows kind, in western style, and in light power blue (my favorite color). Happily, I fell in love with it the minute I saw it.

Linda had arrived at my house on Thursday with plans on leaving Sunday morning. After dinner on Thursday we visited Joseph's for some drinks and pool. Friday evening Linda Lee and I dressed for a night on the town, unfortunately we didn't get started till 9:15 and arrived at Joseph's after 9:30, a little after Lisa and Ava had left. We stayed at Joseph's till 11:00 then off to "Faces" where we closed the bar.

In anticipation of the Saturday night SGA meeting I went and had my nails done. The manicurist after giving me a fill applied an iridescent pink polish with a blue cast, looked fantastic. On the way home I stopped at Ross, (If I was going to be a "sissy" I was going to do it the right way I thought to myself.) and picked up a white purse and 8 inch chiffon bow.

The Saturday dinner meeting started at 7:00 and we didn't want to be late so we started getting ready at 5:30. My apartment has two bathrooms so Linda Lee and I do not have to share. Occasionally we would peek-in on each other to offer advice and to steal some make-up. You know the usual, "does this look OK?", or "can you zip this up for me?" kind of stuff.

Leaving the house, in full daylight, at my complex was an adventure in itself. The walk to my car is about 100 feet past at least 14 apartment units with at least a dozen children. As we reached the bottom of the stairs and started our walk to the car, children stopped and stared. One little girl was so excited she started to jump up and down that she wanted one just like it. Even went to get her mother. We could see people from 50 feet away stop and stare. The funny thing is they were not looking at us, they were looking at the dresses. A nice way to hide if you don't want to be seen.

The evening was one of the best I've had in a long time. Lot's of fun, spinning in circles (so the petticoats could be seen), even had two offers for the evening, (something that normally does not happen) sure made me feel warm inside. My advice is that everyone should at least once in their lifetime dress as a "SISSY." It kind of makes up for the missed childhood, only it's better because it's now when you can appreciate it.

Wittnie, (A sissy forever?)

*(Continued from page 3)*

**CROSS SECTION (Continued)**

a rumor floating around the Internet that there is a just-opened parlor in Los Angeles. How much does it cost? I've heard quotes of $150 an hour. Now before you clutch your chest, or breast for that matter, consider that this is supposedly a one-pass process. A mustache can be taken off in 20 minutes; so assume that your whole face and neck would take only a few hours. Compared to electrolysis, the total cost would be about one-tenth or less. And the time difference is days versus years for completion. And, finally, it's suppose to be painless!

Does this sound too good to be true? Maybe. It's hard to tell if the focusing agent can really be rubbed deeply into the pores. And there is the danger of a powerful laser causing permanent damage to the tissue. So, if you're doing electrolysis now, I wouldn't quit just yet. I think a year or so of waiting for ThermoLase results would be prudent. One proven use of laser technology in a somewhat related application is the removal of tattoos. The laser penetrates the skin and breaks up the embedded dye, which is eventually absorbed by the body. The tattoo actually disappears!

Obviously, the hair follicle is much more complicated target, but even if the Thermolase method turns out to be a dud, I'd have to believe that the basic concept of using a laser to kill hair follicles is valid. So someday, either soon, or maybe within a few years, those of us who want to get rid of that beard may have a quick and painless alternative to the rigors of electrolysis. Ah yes, isn't science wonderful?!!

Is there a right or wrong way of dressing for the meetings? Apparently, some members feel that a certain "appropriate" style is called for when attending our functions. Well, here are my two cents: I feel that this is a chance for a member to express herself. If she wants to look like the prim and proper librarian, then that's fine. And if she wants to look like the stylish secretary, then that's okay too. And if she wants to look like the casual Sunday afternoon mall shopper, then that's perfectly all right. And finally, if she wants to look like a sexy street hooker, then there is absolutely nothing wrong with that. We do not have a dress code, nor do we have any official "fashion police". Our group is very diverse in its membership, so having this latitude with dress options only makes sense. My only concern is that the clothing may cause some problems for the wearer to and from our functions. Otherwise, go ahead and dress as you feel. Remember, our meetings are not about "passing" or looking genuine. It's really a social gathering where people can relax and have fun!

Lisa

# SOCIAL SATURDAY NIGHT

## AUGUST 12, 1995
## AUGUST 26, 1995

OPTIONAL
**DINNER MEETING**

**TEA CUP CAFE**
1614 21st Street

**7:00 - 9:00**
THE TEA CUP CLOSES AT 9:00

**SOCIAL**
**8:30**

*Joseph's*
*Town & Country*
3514 MARCONI AVE

**PLEASE CHECK AT DINNER MEETING WHERE THE MAJORITY OF MEMBERS ARE CONTINUING THE EVENING**

ADDITIONAL OPTIONS
**FACES - THE WESTERN TOWNHOUSE**
(SEE MAP ON PAGE 4)

### GUESTS & NEW MEMBERS

After the optional dinner meeting most of the members head for one of four places. Either Joseph's for the older crowd, Faces for the younger crowd, The Townhouse for the western scene (and Karaoke), or the Western for quiet times. Some members visit all four during the evening. You are welcome to join us for the evening.

Most Board Members head for Joseph's for at least 3 hours before ending the evening at Faces.

# August 1995

| SUN | MON | TUE | WED | THR | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | Dinner 7:00 TEA CUP CAFE 12 SOCIAL 8:30 Joseph's |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | Dinner 7:00 TEA CUP CAFE 26 SOCIAL 8:30 Joseph's |
| 27 | 28 | 29 | 30 | 31 | | |

SACRAMENTO
RAINBOW FESTIVAL
AUGUST 30 - SEPTEMBER 3

# WEDNESDAY NIGHT

AT

*Joseph's*
*Town & Country*
3514 MARCONI AVE
MARCONI & WATT
483-1220

*"Ladies" Night Out*

NEWLY EXPANDED DANCE FLOOR

FEATURING
*Romantic & Soft Dancing Music*

# BUD LIGHT "LADIES" NIGHT

PLUS OTHER DRINK SPECIALS

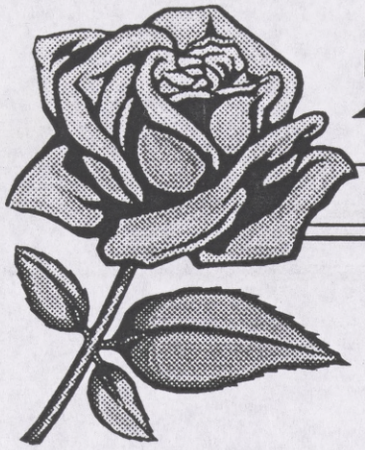
## JOSEPH'S TOWN & COUNTRY

J.T.C. is an *alternate life styles* bar open to anyone. Joseph has provided a facility whereby persons of all gender orientation are welcome.

Regular events that are scheduled weekly are: Gaming Night with contests and prizes on Tuesday Nights, "Ladies" night out on Wednesday, Karaoke every Thursday night, Western Dancing on Friday night and High Volume, High Energy Disco dancing every Saturday night.

S.G.A. members are welcome at anytime **dressed** or not.

Additional events are scheduled frequently by SGA and the ALS community, watch for dates.



# Sacramento Gender Association

Volume 1 Issue 18 August 1995

SORRY FOR THE CONFUSION
THE DINNER MEETING FOR
AUGUST 26, 1995
IS STILL SCHEDULED FOR
THE TIME AND DATE AS LISTED
ON THE CALENDAR
SOME MEMBERS MAY CHOOSE TO
DINE AT JOSEPH'S GRAND OPENING

YOUR CHOICE

SEE YOU THERE AFTER DINNER

**DINNER & SOCIAL CALENDAR ON BACK PAGE**

SPECTACULAR TWO DAY EVENT

# GRAND OPENING

OF

## Joseph's Town & Country

3514 MARCONI AVE
SACRAMENTO CA
483-1220

MARCONI AVE
JUST EAST OF
WATT

## FRIDAY

AUGUST 25, 1995

ALL YOU CAN EAT

LUAU' STYLE DINNER

## BUFFET

DINNER ONLY $ 2.00

7:00 - DINNER BUFFET

8:30 - TALENT SHOW

9:00 - HAWAIIAN LUAU' AND DANCERS

10:15 - TALENT SHOW (CONTINUED)

11:15 - OPEN DANCING

A PORTION OF PROCEEDS WILL BE DONATED TO LAMBDA CENTER

JOIN US FOR SUNDAY BRUNCH

## SATURDAY

AUGUST 26, 1995

ALL YOU CAN EAT

MEXICAN STYLE

DINNER BUFFET

$ 2.00

STARTS AT 7:00 PM

## POOL TOURNAMENT

First Prize $ 50.00
Second Prize $ 25.00
BAR TAB

SIGN-UP 7:45 PM
TOURNAMENT STARTS AT 8:00 PM

## COUNTRY WESTERN DANCE CONTEST

DANCE CONTEST 10:00 PM

TWO STEP - WALTZ - LINE DANCE

| COUNTRY WESTERN DANCE CONTEST AWARDS | | |
|---|---|---|
| | 1st PLACE | 2nd PLACE |
| TWO STEP | $ 75.00 | $ 25.00 |
| WALTZ | $ 75.00 | $ 25.00 |
| LINE DANCE | $ 50.00 | "TUSH PUSH" |
| LINE DANCE | $ 50.00 | "ELECTRIC SLIDE" |

FLYER DESIGN BY WITTNIE